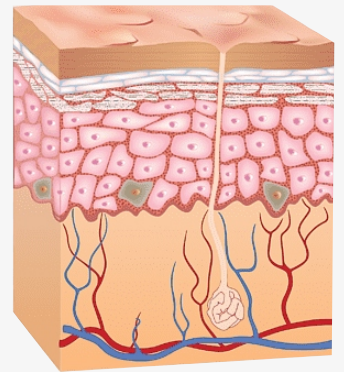


A QUARTERLY HOMOEOPATHY E-MAGAZINE
BY
VIDHYADEEP HOMOEOPATHIC MEDICAL
COLLAGE & RESEARCH CENTRE

HOMOEVO VIDHYADEEP

THIS MAGAZINE BASED ON "WINTER SKIN DISEASES
& ITS HOMOEOPATHIC MANAGEMENT



CHIEF EDITOR
DR. VIPUL SHASTRI

ADVISORS
MR. MUKUND PATEL
DR. AJAY SHAH

ISSUE EDITOR
DR. MAITRI SUKHADIA
MR. RAVINDRABHAI VASAVA

VOL-1/ISSUE-3 JAN.-2023

-: PRESIDENT MESSAGE :-



MR. JAYNTIBHAI PATEL
PRESIDENT
VIDHYADEEP UNIVERSITY

I Congratulate the staff of Homoeopathic Medical Collage For Publishing the third issue of Homeo-Vidhyadeep. College is Doing Diffrent Academic And Research Activities. I have seen that with faculty members, students have also participated in it. My best wishes to institute for working in the field of Homoeopathy and Health.

DR. VIPUL SHASTRI
M.D. (HOM) PH.D (HOM)
PRINCIPAL



It's great pleasure to present the E-Magazine of our institute Homoeo Vidhyadeep. Purpose behind this name is "With the Education(Vidhya)of Homoeopathy Light (Deep) of knowledge will be spread to the society." In this issue we have tried to cover the common skin problem in winter season which is one of the problems in recent era. A Homoeopathy many times face different types of skin disorders during winter season, so for that purpose in this issue skin problem in winter season and their homoeopathic aspect with homoeopathic medicines, rubrics and caseare discussed we have also discussed our activities and achievements of students and staff. I am thankful to management for encouraging such activity.

-: INDEX :-

S.R NO.	CONTENT	PAGE NO.
1	Winter Skin Disorders By. Dr. Toral Shah	
2	Winter Skin Disorders Management Organon Approach By. Dr. Nirav Rughani	
3	Winter Skin Disorders Management Homoeopathic Medicinal Approach By. Dr. Satish Gajera	
4	Winter Skin Disorders Case Study in Homoeopathy By. Dr. Pathik Patel	
5	Activities, Celebration, Achievements	

1. WINTER SKIN DISEASES

The main way that winter affects our skin is by drying it out. Most of us will have drier skin during the winter due to the combination of dry, cold air outside and central heating inside. In the most extreme cases this can cause a skin condition known as winter itch that is a bit like dermatitis.

Below are the common skin conditions found in winter

→ Acne

Over-production of oil can lead to clogged pores, dead skin cells and bacteria on the skin, but dry skin can cause acne as well. Acne can happen on any part of the body, but it is most common on the face, neck, chest, back, shoulder and upper arms. Reducing the number of times that you touch your skin, especially your face, can help reduce acne, as well. Antibiotic treatment gentle cleansers and moisturizers can help acne that is caused by the cold.

→ Eczema

Eczema causes skin to become itchy, dry and irritated. It's most common on the elbows, knees, hands and face. The best way to treat the irritated skin is to use a fragrance-free moisturizer and to avoid bathing more than once per day, since eczema is worsened when water settles on your skin. If the breakout is severe there are steroids that can help relieve symptoms as well.

→ Chapped Lips

Nothing is worse than cracking red chapped lips during the winter months. Chapped lips are one of the biggest issues people complain about during the winter season. Lips have a very thin layer of skin and are the most likely part of your face to dry out due to the dry winter air wind and low humidity indoors. Splitting and cracking can also occur in severe cases which is painful does not heal easily and can act as a breeding ground for infection. One of the most common mistakes people make is licking their lips while out in the cold. This causes severe lip irritation and can make the chapping worse. Lip balm can ease and heal chapped lips by adding moisture and extra hydration. Many lip balms also contain healing medication that can cool and ease lip pain as well.

→ Raynaud's Disease

For a person suffering from Raynaud's disease when the body gets too cold the blood vessels get spasm and constrict which results in a circulation issue. The affected area often becomes extremely pale and cold for a long period of time. The affected area can turn a deep purple from the lack of oxygen. When the skin finally warms up it gets red swollen and tingly and it can be very painful. People who suffer from Raynaud's can manage the symptoms by dressing in layers and wearing protective winter clothing such as gloves thick socks and insulated shoes when they will be outside for long periods of time.

→ Windburn

Cold winter wind can cause windburn a skin irritation that causes dry red burning skin. To ease windburn wear clothing that covers exposed skin when you'll be outside. Scarves coats and hats can help reduce the skin's exposure and keeps your skin protected and healthy.

→ Winter Itch

Heat can dry skin out and make it flaky irritated and itchy. The outside cold air is also extremely dry and pulls the moisture out of the skin. Using moisturizer and skin healing lotions can replenish your skin's hydration.

→ Psoriasis

Psoriasis is a condition that is activated when the body's defenses are alert and your skin produces too many skin cells which results in dry flaky scaly patches on the skin. The condition starts as a collection of small red bumps then it progresses to these patches that are commonly found on the scalp, elbows, knees, hands and feet. The condition is incurable but there are treatment that can calm the symptoms including hydrocortisone, vitamin D and vitamin A creams as well as treatments containing coal tar. Stress can exacerbate the condition as well, so you can also try common relaxation techniques to keep psoriasis under control.

→ Cold Urticaria

Cold urticaria is also known as cold hives. Large red welts resulting from an allergy to the cold appear on the skin. These welts are itchy and uncomfortable and can be as large as an inch in diameter. Some people may receive relief from antihistamine cream but the most effective way to relieve the pain is by avoiding prolonged exposure to the cold

→ Rosacea

It causes flushing and reddening of the face. An extremely common condition rosacea isn't just a winter issue but it can flare up in any kind of extreme weather. It mainly affects the face and it often looks and feels as though the person is blushing. Some people get bump and pustules or dry eyes and eyelids along with the redness. If you suffer from rosacea stay away from caffeine alcohol spicy food wine cheese and yogurt as they can make rosacea worse. There are antibiotics that can ease rosacea and skin peels and other treatment may help as well.



DR. TORAL SHAH M.D.(HOM)

PROFESSOR & HEAD, DEPARTMENT OF MEDICINE
VIDHYADEEP HOMOEOPATHIC
MEDICAL COLLEGE AND RESEARCH CENTRE

4th year students

- Priyanka B. Zala
- Dhara R. Kachariya
- Vidhi A. Vaghela

2. WINTER SKIN DISORDERS MANAGEMENT

ORGANON APPROACH

- ➔ The disease psoriasis classifies as the dynamic, chronic, fully developed, miasmatic disease according to the Hahnemannian classification.
- ➔ Miasmatic differentiation depends on the presentation of the disease and its symptomatology.
- ➔ Psoriasis can be classified under psoric, sycotic, tubercular and syphilitic miasmas depending upon its development process and presentation.
- ➔ There are small spots that presents with itching and scaling and it will disappear in the short span. This mainly comes under the miasm psora.
- ➔ This thick scales with long standing continuous itching and gradual development of increasing lesions of the psoriasis can be classify under the miasm psora.
- ➔ If the psoriasis with the eruptic presentstion of the sudden development and sever complain of erythema, itching, suppuration with complications are classified under tubercular miasm.
- ➔ The psoriatic lesions with bleeding, ulceration pain and extensive lessons can be classify under the syphilitic miasm.



DR. NIRAV RUGHANI

H.O.D OF ORGANON OF MEDICINE DEPARTMENT
VIDHYADEEP HOMOEOPATHIC
MADICAL COLLEGE AND RESEARCH CENTRE



3. WINTER SKIN DISORDERS MANAGEMENT HOMOEOPATHIC MEDICINAL APPROACH

Homoeopathic Remedies Which are Useful For Skin Diseases in Winter Season :

According to GNM (German New Medicine), Skin Diseases Occurred Due to Separation Conflicts.

DEVELOPMENT AND FUNCTION OF THE EPIDERMIS :

The epidermis (outer skin) covers the underlying corium skin (dermis or under skin). The epidermis is predominantly responsible for sensory perception such as temperature, pressure and touch. Most cells in the epidermis are keratinocytes (keratin-producing cell) that originate in the deepest layer of the epidermis called the stratum basale. This layer also contains pigment-producing melanocytes (the majority of melanocytes are however in the corium skin). From the basal layer keratinocytes migrate through the stratum spinosum and stratum granulosum up to the stratum corneum. Once they reach the surface of the skin they are gradually shed and replaced by newer cells pushed up from below. Keratin is also the main structural component of hair and nails. The epidermis consists of keratinized squamous epithelium originates from the ectoderm and is therefore controlled from the cerebral cortex.

New-born suffer the conflict when they are separated from the mother at birth (put in an incubator given up for adoption). A separation conflict can already occur intrauterine for example because of ultrasound procedures. The ultrasound noise drowns out the heartbeat of the mother which can be highly traumatic for the foetus each ultrasound test triggers a conflict relapses for the unborn. For an infant the mother is the most important attachment figure the mother protects her child and can prevent conflicts from happening. Hence when a small child has a separation conflict then the mother was usually absent when the DHS (Dirk Hammer Shock) occurred. Children also experience separation conflicts when they are scolded punished or abused when a new sibling is born who gets more attention when the parents split up when they are not allowed to see their friends when they have to separate from a favourite doll teddy bear stuffed animal or pet they like to cuddle also when the mother goes back to work when they are put into day-care kindergarden or to relatives or when they are left with a sitter or nanny. Similarly the elderly feel separated from the "pack" when they have to move into a nursing home or after the death of a life-long spouse or companion. The fear of losing touch or contact with someone the threat of a divorce a difficult long distance or weekend relationship the fear that a loved one might leave move away or die) or feeling rejected by a person let's say because of a disagreement can evoke the conflict. Pets suffer separation conflicts for example when their master leaves or dies or when they are put in a kennel. By the same token the conflict refers to wanting to separate from a person in the sense of wanting but not being able to push someone away (literally or figuratively) for example a terrorizing boss or teacher an annoying colleague are school mate or an abusive parent or spouse.

A separation conflict also pertains to wanting to separate from something close to the skin (face mask oxygen mask a helmet, hat, clothing, shoes, tight stocking, wet linen, wet diapers). The same applies to a separation from something that one is no longer allowed or able to touch (a musical instrument, keyboard, tennis, racket, golf club, steering wheel) or feel on the skin (an engagement ring, a favorite pillow. NOTE: A separation from a home is not a separation

conflict in biological terms since it does not relate to the skin but concerns the " territory "

➔ **CONFLICT-ACTIVE PHASE :**

During the conflict-active phase the epidermis ulcerates at the area (s) associated with the separation. The ulceration are microscopic and usually go unnoticed. With continuing conflict activity however the skin becomes dry rough, flaky, pale and cold from poor blood circulation. Eventually the skin begins to crack causing fissures that may bleed. If an intense conflict persists for a long period of time the skin opens at the ulcerated area. Ichthyosis a skin condition characterized by fine scaling similar to fish-scales is also an indication of long and intense conflict activity. A severe form of ichthyosis is termed netherton syndrome assumed to be a genetic disease.

On the scalp the flaky skin shows as dandruff. Deep ulceration of the epidermal skin causes hair loss (alopecia) also in pets.

➔ **HEALING PHASE :**

During the first part of the healing phase (PCL-A) the ulcerated area of the skin is replenished through cell proliferation. The skin swells up becomes red inflamed irritated, itchy and sensitive to touch (hypersensitivity). The small fluid-filled edemas appear as blisters. After the epileptoid crisis in PCL-B , the blisters dry up and the skin normalized provided there are no conflict relapses.

In winter there is extremes of cold temperature in weather which causes peripheral vasoconstriction in human body. So epidermis lacks blood supply and so lacks function of touch sensation in skin. So one's skin is become cold and numb in winter and becomes out of touch with other persons of things. This causes natural separation conflict in anyone.

In homoeopathy many homoeopathic remedies available for this type of skin diseases but few well known medicines are explained below :

1. PETROLEUM :

Painful sensitive of skin of whole body, all clothing is painful slight injury suppurates.

deep cracks in angles, nipples and finger-tips.

Dirty hard rough thicken like parchment, it gags raw festers or wont heat <in folds.

All eruptions itch violently.

Skin symptoms aggravates in winter.

2. ARSENIC-IOD :

Dry harsh dusky skin

Marked exfoliation of skin in large scales leaving exudation surface beneath.

Eczema of beard < washing

Skin inability to perspire and cold to touch.

All eruptions < winter

3. HEPAR SULPH

Slightest injury causes suppuration.

Sensitive to cold air touch. Cannot bear cloth to touch affected part.

skin is chapped deep cracks on hands and feet very sensitive cold sores.

4. GRAPHITES :

Unhealthy skin every injury suppurates. Old cicatrices breaks open again.

Eruption upon the ear between the fingers and toes and various part of the body. Oozing watery transparent and sticky fluid.

Cracks and fissures in end of fingers labial commissures and nipples anus and between the toes.

5. PSORINUM :

Dirty rough scabby greasy skin. Breaks out in folds.

Intolerable itching < Heat of bed.

Excretions disappear in summer but again appear in winter.

6. SULPHUR :

Dirty unhealthy rough skin dry scaly skin.

Eruption alternates with other complaints like asthms.

Burning when scratched painfully sensitive to air wind and washing.

Aversion to bathing washing.

Suppuration with air bubbles.

Boils coming in crops or single boil succeeded by another as soon as first heals.

7. RHUS-T. :

Stiff thick dry hot burning itching of skin.

< Hairy parts.

Eruption fine, vesicular, crusty, eczematous.

Eruption alternates with dysentery

Urticaria from getting wet.

8. ABROTANUM :

It is one of the best remedies for this condition.

The skin is loose and flabby the skin becomes purplish due to exposure after suppression of the eruptions and itching chilblains.

9. AGARICUS :

It is the first remedy that comes to mind for chilblains.

It produces the stinging and itchy sensations in the toes and feet that are characteristic of frostbite.

Agaricus features the swelling burning redness cramping and skin eruption that itches and burns.

Students view on winter & skin problems-

10. NATRUM MURIATICUM

Dry eruption esp on margin of hairy scalp & bends of joints

Urticaria

Itching & burning

Crusty eruption

Red & inflamed skin by eating salt at seashore

11. CARBO VEG- :

Disintegration and imperfect oxidation, venous, stasis, bluish skin, limbs cold, bluish marbled cold finger and toes followed by redness, skin turn pale and red, -cramp in finger and toes and weakness numbness, blood seems to stagnate in capillaries, blueness, coldness ecchymosis

12. SECALE CORNATUM :

Lcy cold and numb finger and toes from vasospasm, petechiae, mortification-violent pain in finger-tips, tingling in toes.

13. CAMPHORA :

Pain with icy coldness better for warm worse from motion and cold very sensitive to cold and touch.

14. SILICEA TERRA :

Has shriveled mottled dusky blue numb skin formation burning aversion to eat.



DR. SATISH GAJERA

ASSISTANT PROFESSOR AT MATERIA MEDICA DEPARTMENT
VIDHYADEEP HOMOEOPATHIC
MEDICAL COLLEGE AND RESEARCH CENTRE

4th year students

- Dhruvin J. Ranpariya
- Mohit M. Patel
- Yamini N. Patel
- Himanshu S. Singh



**FMT Department of College Organized
Educational Visit to Low Court on
6th January at Olpad.**

4. WINTER SKIN DISORDERS

Case-1

Date : 05-12-2017

Name : Miss A.B.

Age : 25yr.

Sex : F

Address : Aadarsh Nagar

Marital Status : Un Married

Religion : Hindu

Occupation : Teacher

Diagnosis : Palm Olanter Psoriasis

Socio : Econimic

Status : Middle Class

➔ Chif Complaints : (Origin, Duration and Progress)

- Complaints of psoriasis for 2 years.
- It started on both palms and soles with dryness and tremendous itching at night.
- Crack of skin were present with oozing of water fluid.
- Painful & oozing of blood from it
- In winter season exposure to coldness
- Burning sensation in soles.
- She consulted many dermatologist they gave treatment but without any remarkable changes.

➔ Past History :

Urticaria before 4 year back which was suppressed by modern medicine and application of ointment

➔ Family History :

Father - Healthy

Mother - Suffering from rheumatism

➔ Patientas Personal (Physical Generals)

Appetite : Good

Desire : Salty things, spicy food, fish, meat.

Perspiration : Scanty

Stool : Regular, satisfactory

Dreams : Not remembering

Thirst : Small quantity at Small interval

Aversion : Green vegetable sourthing

Urine : Clear

Sleep : Disturbed due itching

Thermal State : Chilly patient

➔ Gynac. & Obs. History :

Menarche at 13 years of age

LMP : 27-11-2017

Regular Menses 4-5 days

Flow-moderate, frank, brighted blood.

→ MIND :

Fastidious
Restlessness
Ambitious

Irritable
Anxiety about disease

→ LIFE SPACE :

Here Miss A.B. Female Age. 25 years sandun married girl come to seeme for her palmo planter psoriasis. She gave me her life history this way. She is from mupper middle class family and has very sound education. Her father is also teacher and fortunately she had lot more support from mother father. In their society she has well status from her academic line with some few incidence of hard ship of her life. She has completed her B.sc education and she has got job in city school. **As a Person :-** I found her very particular and smart in her life. Her nature wise i found her work holi can doesn't want to wast time in her life. Her aimistoeducat small children in school. Teaching is her passion and she is full greatfull to other family eso. to her father.

Other School life :- She was dull in her primary education but as she got grown has got full command on her study and with full of ambition. **At Work Place :-** In her teaching job she consider her self as a very for tunateenoughand has helping nature to other colleagues to make study is her passion on that i found with her conversation. I also found her self as a punctual in her duty. But many time she get irritate if someone dosen't give her due respect in her teaching ofssion. She is very perfect in her work but wean she developed psoriasis she feel sdespairandnervous & think that she is notable to get cure from it.

→ GENERAL EXAMINATION :

Built : Weak, lean

Eye : Sclera-Pale

Oedema : Abesent

Pulse : 70/min.

Throat : NDA

Nails : Pale Nail Plate

B.P. : 130/90 mm of Hg.

RR : 17/MIN.

Teeth : NAD

Pallor : Present

Temperature : 98.6°F

Tongue : Centre furrow at tongue

Lymph Nodes : Not Plalpable

→ SYSTEMIC EXAMINATION :

Respiratory system : AEBE Clear

C.N.S : Conciuous & well oriented

C.V.S. : S1, S2 Normal, No murmur

GUT : NAD

P/A : Soft and Non tender

→ Investigations :

Hb-11.5gm%

TC-12,600/cmm of blood

DG-N-55%, L-34%, E-3%,M-8%,B-0% ESR-29mm.hr

Platelet Count : 343000/mm

➔ **ANALYSIS OF SYMPTOMS :**

Mentals :- Fastidious

Irritable
Restlessness
Anxiety about disease
Ambitious

➔ **PHYSICAL GENERAL :**

Chilly Patient
Desire:- Spicy Food, Meat,Fish
Aversion :- Green Veg., Sourthings
Thirst :- Small Quantity at Small Interval

➔ **PARTICULARS :**

Psoriasis Palm and sole Itching
Cracks With Bleeding
Winter And Cold Water

➔ **TOTALITY OF SYMPTOMS :**

Fatidious
Irritable
Restlessness
Anxiety about Disease
Ambitious
Chilly Patient
Desire-Meat, Fish

➔ **FINAL DIAGNOSIS OF DISEASE :**

Palmo Planter Psoriasis

➔ **DIAGNOSIS OF PHASE OF DISEASE :**

Chronic, ones sided diseases

➔ **MIASM :**

Psoro-Sycotic

➔ **SUSCEPTIBILITY :**

Moderate to High

HAEMOGRAM

<u>TESTS</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
Haemoglobine	: 11.5	gm%	12-16
<u>WBC Count</u>			
Total WBC Count	: 12600	/cmm	4000-11000
<u>Differential Count</u>			
Neutrophil	: 55	%	50-65
Lymphocytes	: 34	%	20-45
Eosinophil	: 03	%	1-4
Monocytes	: 08	%	2-8
Basophil	: 00	%	0-1
<u>RBC Indices</u>			
<u>Platelets Indices</u>			
Platelet Count	: 343000	/cmm	150000/450000
ESR	: 29	mm/hr	0-20

➔ **EVALUATION OF SYMPTOMS :**

Grade-1 :- Fastidious

Irritable
Restlessness
Anxiety about disease
Ambitious

Grade-2 :- Chilly Patient

Desire:- Spicy Food, Meat,Fish
Aversion :- Green Veg., Sour things
Thirst :- Small Quantity at Small Interval

Grade-3 :- Psoriasis Palm and sole Itching

Cracks With Bleeding
Winter And Cold Water

Repertorization Sheet :-

Remedy	Ars	Phos	Sulph	Lyc	Nux-v	Graph	Sep	Merc	Nat-m	Calc	Hep	Kali-ar	Bell	Ferr	Puls
Totality	28	25	25	21	21	20	16	16	15	14	14	14	14	14	13
Symptoms Covered	9	9	8	8	7	7	7	5	6	6	5	5	4	4	6
(Complete)(Mind) Fastidious:	3	1	3	4	3	3	1	0	3	0	1	2	0	0	4
(Boening) (Mind) Irritable, Cross	3	3	4	3	4	3	3	3	3	2	3	0	3	3	2
(Complete)(Mind) Restlessness, nervousness:	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
(Murphy) (Mind) Anxiety, Genral Diseases About	4	3	0	0	0	0	0	0	0	2	0	2	0	0	0
(Complete)(Mind) Ambition Ambitious	1	1	1	1	3	1	0	0	1	2	0	0	0	0	1
(Complete)(Generalities) Food And Drinks: Meat: Desires	3	2	3	3	3	3	1	3	3	3	3	0	0	4	1
(Complete)(Generalities) Food And Drinks Sour, Acid Aversion	0	0	4	1	3	0	0	0	1	0	0	0	4	3	0
(Complete)(Stomach)Thirst Small Quantities, for often:	4	4	3	2	1	0	0	0	0	0	0	0	3	0	1
(Complete) (Extremities) Eruptions:Psoriasis:Hands:Palms:	3	4	3	3	0	3	3	3	0	1	3	3	0	0	0
(Complete) (Extremities) Eruptions:Psoriasis:Feet,soles:	3	3	0	0	0	3	3	3	0	0	0	3	0	0	0
(Kent)(Skin)Eruptions:Rash(See granular):Cold air, in:	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0

Reportorial Result :- Ars9/28, Phos.9/25, Lyco.8/21, Nux.vom.7/21

Date	Results & Other Needed Comments innext Follow-up	Treatment
5-12-2017	As per above to totaliy of symptoms, i have chosen...	Rx. Ars..alb. 30/III (One dose every 4th day and rest of the day) -SL200for 15 days.
24-12-2017	On this day she had fever for 2-3 days with considerable weakness.	Rx. Aco. 30/III In water 1 pc to be dissolved in 1/2 cup of water out of it 2TSF every 1/2 hourly
2-1-2018	Feverabatedin 2 days. Mild changes found on her both palms. Then Thuja 200/II/ at night every 4th day. I selectd this Thujaasa Complementary and to removes ycotic	Rx. ars.alb.200/1 One dose stat. SL200 for 1 month Thuja 200/II every 4th day.

Date	Results & Other Needed Comments innext Follow-up	Treatment
10-2-2018	Changes take place in her palms and soles. Few deep cracks were there but i didn't consider it as her totality suggested me to proceed on same medicine	Rx. -ctall-
7-3-2018	So, this way i went up to 1 Mpotency one dose eat every 3rd week. At end of months treatment it has been found much better. I advised her to come & see me at 2-3 months	

Before Treatment :- PASI 60

	Head		Arms	
Area	0%		10-29%	
Erythema (redness)	0		3	
Induration (thickness)	0		2	
Desquamation (Scaling)	0		2	
	Trunk		Legs	
Area	0%		10-29%	
Erythema (redness)	0		2	
Induration (thickness)	0		1	
Desquamation (Scaling)	0		1	

After Homoeo Treatment :-

	Head		Arms	
Area	0%		10%	
Erythema (redness)	0		1	
Induration (thickness)	0		1	
Desquamation (Scaling)	0		1	
	Trunk		Legs	
Area	0%		<10%	
Erythema (redness)	0		1	
Induration (thickness)	0		1	
Desquamation (Scaling)	0		1	



Discussion :-

Here in this case indicated remedy was ars. alb. as per totality of the symptoms but looking to wards her susceptibility was low i prescribed remedy ars. alb. on repeated basis due to chronic nature of diseases. After this(Ars. Alb) the case has made rapid progress. Her all progress have also been verified objectively and also with PASI score this can be seen in above table it shows remarkable changes it has been come down from om6.0 to 1.8



DR. PATHIK J. PATEL

ASSISTANT PROFESSOR AT ORGANON DEPARTMENT
VIDHYADEEP HOMOEOPATHIC
MEDICAL COLLEGE AND RESEARCH CENTRE



Department of Practice of Medicine
Arranged Expert Lecture For Examination
of Reflexes And Clinical Practice of CPR
on Date- 24 / 1 / 23



ACHIEVEMENT

STSH PROPOSALS THAT SELECTED OF OUR TWO STUDENTS CENTRAL COUNCIL FOR RESEARCH IN HOMOEOPATHY

RESULT FOR AWARD OF SHORT TERM STUDENTSHIP IN HOMOEOPATHY -STSH 2021

S. NO.	REGISTRATION ID	TITLE	NAME OF STUDENT	COLLEGE
36	STSH21256	TO VERIFY EFFICACY OF 16PF PERSONALITY TOOL IN ONE SIDED DISEASES	KACHA CHINTAN M.	VIDHYADEEP HOMOEOPATHIC MADICAL COLLEGE GUJARAT.
65	STSH21524	AN INTERNATIONAL STUDY ON EFFECTIVENESS OF HOMOEOPATHIC REMEDY FORMICA RUFA IN DIFFERENT POTENCIES IN CASES OF PAIN IN BIG JOINTS IN THE FARMER POPULATION	RATHOD NARESH HASMUKHBHAI	VIDHYADEEP HOMOEOPATHIC MADICAL COLLEGE GUJARAT.



Rathod Naresh (Guided by Dr. Avni Patel)



Kachan Chintan (Guided by Dr. Avinash Jaunjale)



CONGRATULATIONS TO DR. VIPUL SHASTRI SIR PRINCIPAL OF VHMC AND RC
AND DEAN OF VNSGU FOR COMPLETION OF PH.D IN HOMOEOPATHY



STARS OF VIDHYADEEP HOMOEOPATHIC MEDICAL COLLEGE

VIDHYADEEP HOMOEOPATHIC MEDICAL COLLEGE & RESEARCH CENTRE

CONGRATULATIONS

STARS of VHMC & RC

3rd Year BHMS (2018-19 Batch)

 NARESH RATHOD 70.33% (1 st Rank)	 SONAL TIWARI 68.50% (2 nd Rank)	 DAISY AMBALIYA 66.92% (3 rd Rank)
---	--	--

3rd Year BHMS (2019-20 Batch)

 SHAISTA SHAIKH 67.50% (1 st Rank)	 AKASH CHAUHAN 64.00% (2 nd Rank)	 YAMINEEKUMARI PATEL 63.00% (3 rd Rank)
--	---	---

2nd Year BHMS (2019-20 Batch)

 SHAISTA SHAIKH 68.67% (1 st Rank)	 AKASH CHAUHAN 68.44% (2 nd Rank)	 MEET BARIA 66.89% (3 rd Rank)
--	---	--

1st Year BHMS (2020-21 Batch)

 NIKIBEN KAKADIYA 66.70% (1 st Rank)	 MAHIPALSINH RANA 63.80% (2 nd Rank)	 SAKSHI CHHATARIA 63.40% (3 rd Rank)	 VIDHI JAIN 63.40% (3 rd Rank)
--	--	--	--



INDEPENDENCE DAY-2022 :-

Celebration of 76th Independence Day VHMC & RC



YOGA DAY(21-6-2022) :-

The theme for this year is 'Yoga For Humanity' All students from different years and staff has participated well.



MOVIE CHARACTER DAY :-

Our collage organized this year's sports and day celebration from 22-6-2022 to 25-6-2022



GROUP DAY :-



SIGNATURE DAY



GURU PURNIMA CELEBRATION DATE-13/7/2022

Our Students Organized 'Guru Purnima' Celebration to Show Their Gratitude and Honor towards Teacher



HOLI CELEBRATION :-



NAVRATRI CELEBRATION (7th oct. 2022,7 pm)

The celebration of navratri organized by vidhyadeep campus. All the faculties of vidhyadeep campus participated in this celebration. It was a festive atmosphere there was a competition for students and professors and the winner are:-

- 1) Dr. Avani Patel (Assist. Pro.) Had Got 1st and 2nd Prize in Best Khelaiya & Attire
- 2) Best Khelaiya- 2nd prize Vruti Patel (2nd year)
- 3) Best Attire- Dhairya Gujjar (2nd year)



GANESH CHATURTHI 5TH SEP-2022



Promotion of movie Ishq Pasmina at vidhyadeep homoeopathic college & research centre
Actor :- Bhavin Bhanushali & Malti Chahar



JANMASTHMI CELEBRATION Date: 22/8/22
'Nand Gher Anand Bhayo Jay Kaniya Lal Ki'



WORLD HOMOEOPATHY DAY : 11TH APRIL-2022
Celebration of 267 th birthday of master Hanemann On the world Homoeopathic Day
VHMC&RC has organized camp,drama and Quiz Competition.



EDUCATIONAL VISITS :-

Forensic Medicine & Toxicology Visit - kim police station



Community Medicine Education Field Visit to Pragati Glass PVT LTD. Kharach, Kosamba



Sumul Dairy Visit 5th July-2022



Pharmacy Department Educational Visit Snehrasmi Botanical Garden on 28th December-2022



Homoeopathic Pharmaceutical Company Schwabe & CCRH on 24th November-2022



ACTIVITIES :-

Tiranga Raly- 10/8/2022



As a Part of Azadi ka Amrit Mohotsav
Homoeopathy Awareness Drama (20/12/22)



As a Part of Azadika Amrut Mahotsav (5/8/22)
(We Honoured Farmer & Solder)



Chart Presentation Competition (6/10/22)
Practice of Medicine



Waste Management Program (30/9/22)
Community Medicine Dept.



SEMINARS :-

Acute Series-1 Seminar at VHMC & RC



Seminar Case Processing- Dr. Kamlesh Mehta



National Homoeopathic Awareness Summit at VNSGU



Seminar Symplying Rubric



National Global Summit at Gandhinagar



Harekrishna Shastri Seminar
Seminar on PDC at VIDUNI



SEMINARS :-

Sr. No.	Seminar	Speaker	Date
1	Simplifying Acutes Series-1	Dr. Ksheetij Joshi	8 - 6 - 22
2	CME on Case Processing Technics	Dr. Kamlesh Mehta	28 - 6 - 22
3	Simplifying Acutes Series-2	Dr. Satish Gajera	2 - 7 - 22
4	Seminar on Personality Development Course	Dr. Harikrishn Shaatri	30 - 8 - 22
5	Simplifying Acutes Series-3	Dr. Neela Thakar	25 - 7 - 22
6	Simplyfyng Rubric	Dr. Radhika Koriya & Student Team	13 - 9 - 22
7	CME on ENT Diseases	Dr. Prayatnakumar	24 - 9 - 22
8	CME on Plastic Surgeries	Dr. Prayatnakumar	24 - 9 - 22
9	National Hemoeopathic Awareness Summit	Dr. S.Pravinkumar	9 - 10 - 22
10	Simplifying Acutes Series-4	Dr. Ksheetij Joshi	20 - 12 - 22

V.C.T HOMOEOPATHIC HOSPITAL COMMUNITY ACQUIRED CAMP.

JUNE- 2022 TO DECEMBER- 2022

MONTH	DATE	PLACE	PATIENT
JUNE	06/06/2022	BOLAV	57
JUNE	23/06/2022	KIM	68
JULY	05/07/2022	VADOLI	49
JULY	22/07/2022	KIMAMLI	50
AUGUST	06/08/2022	MULAD	65
AUGUST	25/08/2022	KIM	71
SEPTEMBER	09/09/2022	KIMAMLI	52
SEPTEMBER	17/09/2022	MULAD	63
OCTOBER	10/10/2022	BOLAV	59
OCTOBER	18/10/2022	VADOLI	51
NOVEMBER	10/11/2022	KIM	69
NOVEMBER	28/11/2022	BOLAV	54
DECEMBER	03/12/2022	MULAD	66
DECEMBER	06/12/2022	VADOLI	60



Date- 9/1/2023 Monday
Seminar on Head, Neck, Brain & Face
By Dr. Rosario D'souza M.D (HOM) Ph.D (Scholar)
Which Was Organized by Department of Anatomy



Visit to R P PATEL Institute and Wonderland Park, Atapi, Vadodara.



Celebration of International Women's Day 2023



Dr. R.P D'souza Sir Has Explained Very Nicely by Different Examples by Live Demonstration.



THIS E-MAGAZINE IS FOR PRIVATE CIRCULATION ONLY

PUBLISHED BY & ALL CORRESPONDENCE TO

VIDHYADEEP HOMOEOPATHIC MEDICAL COLLAGE AND RESEARCH CENTRE

VIDHYADEEP UNIVERSITY ANITA (KIM) TA-OLPAD, DIST-SURAT-394110.

E-mail : vidhyadeepbhms@gmail.com
www.vidhyadeep.org
Mo.: 75674 89888