

A case study-psoriasis

Dr. Priyanka Kothari,
Asst. Professor,
Rajasthan Vidhyapeeth
Homoeopathic Medical
College And Hospital,
Dabok, Udaipur.

ABSTRACT:

Psoriasis is an autoimmune disease i.e., it occurs in the person's having poor immunity power or having compromised immune system. In Psoriasis the life cycle of skin cells is sped up. This causes cells to develop on the surface of the skin. The cells create silvery coloured scales and red or purple spots that might be itchy or painful. The scales cover large part of body or to be just small spots. In this paper we have given a case study of a woman suffering from Psoriasis on Flexor Area Of Breast And Upper Part Of Abdomen.

INTRODUCTION:

Psoriasis is chronic interferon- and T-cell-mediated immune disease of the skin where imbalance in epidermal cellular structure, growth and differentiation arises from molecular antiviral stress signals initiating inappropriate immune responses. Psoriasis is a prolonged inflammatory disease impacting over 125 million people globally.

The skin patches usually occur over elbows, knees, back and scalp, though psoriasis can affect other parts of the body as well. These spots can be itchy and painful as well. Generally, there are several types of psoriasis such as Plaque psoriasis, Guttate psoriasis, Flexural or Inverse psoriasis, Nail psoriasis, Pustular psoriasis and Scalp psoriasis.

In this paper we have presented a case study of Mrs. Madhu Paliwal, 52 years of age suffering from psoriasis at flexor area of breast and upper part of abdomen.

CASE STUDY:

The problem started in the year June-2021 and the patient was not taking any medicines for the same. In the month of Dec-2021 she came to my clinic with following complaints of hair fall, irregular menses, and sleeplessness. She has fatigue since long. During the complete examination of the patient, I found that she was suffering from eruption on flexor area of breast and upper part of abdomen.

Reportorial Analysis-

1. Mind, Indifference, Apathy (Complete Repertory)
2. Mind, Independence, Work Through (Complete Repertory)

3. Mind, Fear, Poverty (Kent Repertory)
4. Mind, Sadness, Domestic, Affairs, About (Complete Repertory)
5. Skin, Eruption, Red (Complete Repertory)
6. Skin, Eruption, Itching (Complete Repertory)

We have started her medication in the month of Dec-2021

With continuing medication, the problem got under control and from the month of Dec-2021 to Jan-2022 the red spots started getting cleared from the body and the itching effect got substantially reduced within a month of treatment i.e. when patient came to me in the month of Jan-2022 she informed that the problem of discomfort is very less and she can sleep easily. In the month of Feb-2022 during routine check up we found that the red spots are getting cleared and very small amount of red spots are present.

In the Month Of Mar-2022 the problem got completely eliminated and the woman recovered completely.

During the course of treatment as per progress show by the patient and her conditions following medicines was prescribed such as SEPIA, SAC LAC 30 SULPHUR 200.

CONCLUSION:

During our findings and treatments provided we have concluded that if proper follow-up and continual medication is done then the **PSORIASIS** can be completely cured with the help of Homeopathy.

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Aloe, Colchicum, Mag-carb, Merc-cor and Nux-vomica in acute dysentery

Dr. Avani B. Patel,
MD (Homoeopathy),
Assistant Prof. Anatomy, Dept.
Vidhyadeep Homoeopathic
Medical college and R.C.,
Anita, Kim,
Surat, Gujarat.

BACKGROUND

Dysentery is an intestinal infection that causes severe diarrhoea with blood. We investigated the effects of Homoeopathic medicine Aloe Socotrina, Colchicum, Magnesia carb, Merc cor and Nux-vomica in cases of Acute Dysentery 1.

INTRODUCTION

Dysentery is one of the oldest diseases known. It was observed by Hippocrates and well described by Aretaeus and Celsus. Aretaeus had already recognized the ulceration of the intestine in dysentery. Dysentery is a type of gastroenteritis. It is usually a symptom of G.I infection which can be caused by a variety of bacteria, viral & parasitic organisms & infection spreads through contaminated food or drinking water or from person to person as a result of poor hygiene.

Gastrointestinal diseases as a group account for approximately 10% of all deaths each year. Using population estimates from Census 2011, the number of people suffering/ suffered with Diarrhoea/Dysentery during a period of fifteen days has been estimated around 7.16 millions in these nine states for the year 2011.

Normal bowel habit which formed with an average stool weight of 200 gm /day. Diarrhoea is defined as increase of volume, frequency or fluidity of stool. Daily stool volumes exceeding 500 gm is considered as suggestive of disease at the level of the small intestine or pancreas, whereas diarrhoea with increased frequency but with daily stool output of less than 250 gm is indicative of colonic dysfunction. Pp

Bacillary dysentery is caused by infection of the wall of the large gut by species of bacteria of the genus shigella. Such infection may lead to acute bacillary dysentery with passage of blood & mucus. It is a self-limited infection of the intestinal wall. The acute disease is caused by a severe colitis with diarrhoeal faeces, containing blood and mucus, and at some stage epithelial debris and pus. P

Ameobic dysentery is sub acute or chronic a-febrile disease and differs from the bacillary dysentery which is an acute disease with sudden onset associated with pyrexia symptom of amoebic

dysentery may not appear for months or even years after infestation.

ECOLI is responsible for the lumen of the large intestine without invading the intestinal wall. When the invasion occurs, lesions are develop in the mucosa that may give rise to amoebic colitis. 5

In allopathic treatment are given to prevent or cure special ailments; while homoeopathic medicines are substance individually prescribed based on the overall of symptoms of body and mind symptoms of the person is experiencing and therefore a homoeopathic medicine is thought to strengthen the person's overall, body, mind, constitution not just to prevent or treat a specific illness. 5 & 6

Management of dysentery in modern medicine includes fluid replacement, antibiotic or antimicrobial therapy and anti-diarrheal therapy. Fluid replacement plays important role in any pathy. Antimicrobials and anti-diarrheal are very harsh and can cause significant damage to individual's normal intestinal flora and anti-diarrheals are known to cause dangerous side effects like Intussusceptions and paralytic illness. Therefore, it needs to be handled more precisely and more carefully which can be done by homeopathy where cure is termed from within rather than harsh methods of modern medicine. In homeopathy the treatment being person-specific & not disease-specific and give miasmatic treatment, there is invariably more than one useful medicine for any disease condition.

AIM AND OBJECTIVE

To explore the remedial effects of Aloe socotrina, Colchicum, Magnesia-Carb, Merc-cor and Nux-Vomica in cases of Acute Dysentery.

Keywords: Diarrhoea, Dysentery,

MATERIALS AND METHODS

THE CASES OF DIARRHEA AND DESENTRY APPROCH IN THE Radhe Krishn Clinic and Cosmetic care at Jahangirpura and Devasya Clinic at Althan included in the study.

Prospective study was done according to guideline mentioned by Dr. Hahnemann in Organon of medicine, aphorism 83-104 with included Patient irrespective of ethnic group, socio-economic status, occupation sex suffering from acute dysentery CONSIDERED. THE Chronic and complicated cases WERE EXCLUDED. Diagnosis mainly based on the clinical side, on the basis of symptoms. Selection of remedy was done on the basis of

totality of symptoms and with the help of repertory. Follow up and Choice of potency depends on depth of disease, the vitality of organism and susceptibility of the patient. 50 cases were collected who were suffering from Dysentery in which 10 cases of each medicine of Both men and women, between age group 4-60 years. Irrespective of socioeconomic background. Criteria for Judgment based on Significant improvement with Existing episode and symptoms disappear, Feeling of mental and physical wellbeing. Subject show remarkable positive response. Moderate improvement with Frequency of existing episode decrease and symptoms also decrease. Status quo for there is no change in patient's any complaints. Patient remains, as it is condition even after administration of homeopathic medicine for 2 to 3 weeks. As Patient who left the treatment, irrespecting to improvement and Advises was given which can help to minimize the intensity of symptoms of Dysentery. Conclusion made on bases of Effectiveness of medicines which were given to the cases according to totality and characteristics of Dysentery symptoms which concluded by

significant improvement or moderate improvement.

OBSERVATION

In the study, it was observed that the highest incidence was seen in the age group 16-30 years (28cases), followed by 31-45 years age group (8cases) and same incidence was found in 10-15 years age group & 46-60 years age group (7cases). The eldest patient was 60 years age and younger was 7 years old. In which 27 cases were male, whereas female were only 23 cases. Out of 50 cases, 200 Potency was given in 33 cases & 30 potency was given in 17 cases. In my study, out of 50 cases of dysentery it was observed that; most common symptom was bloody diarrhea (48cases) and less common symptom was tenderness over colonic region (10 cases). Other common symptoms were nausea and vomiting (37cases), small quantity of passage of stool (14 cases), mucus in stool (22 cases), abdominal pain (36 cases) and fever (13 cases). In my study, out of 50 cases, it was observed that 29 cases shown significant improvement, 17 cases shown moderate improvement and 1 case left the treatment, 3 cases shown status quo. Out of 50 cases,

31 (Cont'd in next issue)


(Cont'd from page 09)

Homeopathic...

- hip to knee. Stiffness of joints and shortening of tendons. Better by pressure and heat; worse, gentle touch.
- 14. Guaiacum** : Joint swollen hugely with much stiffness. Hot sensation in knee area. Pain< on heat & motion, >by Pressure.
- 15. Kali mur** : Exudation and swelling around the joints. Rheumatic pains felt only during motion, or increased by it. Nightly rheumatic pains; worse from warmth of bed. Hands get stiff while writing.
- 16. Ledum pal** : Gouty pains shoot all through the foot and limb, and in joints, but especially small joints. Swollen, hot, pale. Throbbing in right shoulder. Pressure in shoulder, worse motion. Cracking in joints; worse, warmth of bed.
- 17. Lycopodium** : Numbness, also drawing and tearing in limbs, especially while at rest or at night. Tearing in shoulder and elbow joints. Chronic gout, with chalky deposits in joints. Cannot lie on painful side. Right foot hot, left cold.
- 18. Phytolacca** : Shooting pain in right shoulder, with stiffness and

inability to raise arm Rheumatism pains; worse in morning. Pains fly like electric shocks, shooting, lancinating, shifting rapidly. Pain in underside of thighs.

- 19. Pulsatilla Nigricans** : Usefull for pain appears in one joint and rapidly shifts to another. Useful for the joints that are red, swollen and inflamed.
- 20. Ruta** : Contraction of fingers. Pain and stiffness in wrists and hands. Tendons sore. Aching pain in tendo-Achilles. Thighs pain when stretching the limbs. Pain in bones of feet and ankles. Great restlessness.
- 21. Rhus tox** : Hot, painful swelling of joints. Pains tearing in tendons, ligaments, and fasciae. Rheumatic pains spread over a large surface at nape of neck, loins, and extremities; better motion.
- 22. Urtica urens** : Pain in acute gout deltoid, pain in ankles, wrists.
- 23. X-ray** : Rheumatic pains. General tired and sick feeling. Palms rough and scaly. Homeopathy is an ideal remedy for treatment of juvenile idiopathic arthritis. Homeopathy being purely natural has no side effects and puts a check on all underlying causes of juvenile idiopathic arthritis.

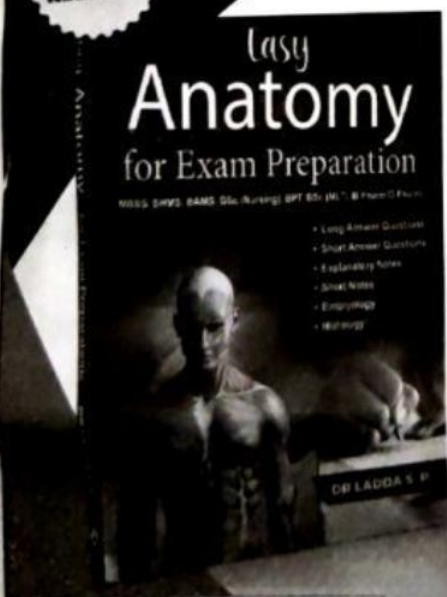


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