

Role of homoeopathy in warts

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INTRODUCTION

Warts are prevalent benign lesions caused by the human papillomavirus (HPV) that occur in the mucosa and skin. [12] Viral warts are extremely common and most people suffer from one or more at some point during their life. [6]

Human papillomaviruses (HPVs) selectively infect the epithelium of skin and mucous membranes. These infections may be asymptomatic, produce warts. [7]. There are over 200 subtypes of HPVs, so different subtypes appear to be responsible for several different clinical wart variants. There is different type of warts like common warts, planter warts, flat or plan warts, genital warts, Mosaic warts, Butcher's warts etc. [1]

Transmission is by direct contact with the virus, in either

living skin or fragments of shed skin, and is encouraged by trauma and moisture (e.g. in swimming pools, fishmongers etc.) [6]. Common sites are face, hands, fingers, around and beneath the nail, and feet. Warts are common in childhood and the incidence increases during school years. [11]

Most warts do not cause any bothersome symptoms. Warts might be painful too, particularly those on the soles of your feet. Some warts have small black or brownish dots caused by clotted blood that has leaked from capillaries (very fine blood vessels) in the skin. [13]

More than 70 'types' of the virus have been recognized by DNA sequencing; each has its own range of clinical manifestations. HPV-1, 2 and 4, for example, are found in common warts, whereas

HPV-3 is found in plane warts, and HPV-6, 11, 16 and 18 are most common in genital warts. [9]

Many type of treatment are available to remove the warts like application of salicylic acid, formalin, cauterization, laser therapy. [9] This treatment is stronger and very expensive. These treatments are generally effective, but do not

always get every wart. In addition, sometimes viruses might remain in person body after treatment and then lead to the growth of new warts later. [9]

In homoeopathy, a wart is an external manifestation of internal derangement of vital force. [5] Warts can be manageable with homoeopathic medicine. Good result can achieve when the homoeopathic remedy corresponds to the characteristic of person, shape, appearance of the warts. The reason behind this study of warts is to treat the patient with absolutely harmless and safe method.

HOMOEOPATHIC MEDICINE:

Tuja occidentalis, Nitric acid, Staphysagria, Antium crud, Calcarea carbonica, Cuscutum, Dulcamara, Medorrhinum, Hepar sulphuricum, Lycopodium Clavatum.

And some other medicines are like, Ferrum-picricum, Magnesium-sulphuricum, Silicea terra, Baryta-carbonica, Belladonna, Graphitis, Kalium-carbonicum, Natrium-sulphuricum, Petroleum, Phosphorus, Sulphur, etc.

AIMS AND OBJECTIVES

- To study clinical manifestations of warts.
- To study the effect of homoeopathic medicine on warts, which are selected on basis of appearance, location and shape of warts along with characteristic of individuals

MATERIALS

SOURCES OF DATA:

The study was under taken at Ahmedabad Homoeopathic Medical College and Sainath Homoeopathic Hospital, Ahmedabad. Total 30 cases were included in the study in 1 year. The medicine dispensed by Dispensary of Sainath Hospital, attached with Ahmedabad Homoeopathic Medical College, Ahmedabad.

METHODOLOGY FOLLOWED FOR TREATMENT, SELECTION OF MEDICINE, POTENCY, DOSES, REPETITION

30 cases of warts were selected by random sampling method with experimental study design. cases of warts were selected from Both sexes and age groups and all socio economical classes with warts and Cases with major pathological changes, multisystem disorder, immune suppressive disorder or on therapy, organ transplant patient and with over growth on skin apart from warts were excluded. Case taking was done according to guidelines mentioned by Dr. Hahnemann in aphorisms 83-104. [3] Selection of medicine in each case was based on the data

such as etiological factors, qualified mental, physical generals, concomitants, characteristic particulars, reportorial approach, [5] considering miasmatic background for some cases where required. [11] Repertorisation was did by using Kent repertory. Single medicine was prescribed as per Law of Similia. [3] Potency was selected according to Homoeopathic principles and potencies based on individual susceptibility. [5] Dose and Repetition of remedy was done according to Homoeopathic principles laid down in Organon of medicine. All the medicines were administrated through oral route. The follow-up of cases and Repetition was based on requirement of the case.

Assessment of Effectiveness:

Effectiveness of the treatment was assessed on the basis of Clinical improvement, disappearance or relief of symptoms, improvement in general health and reduction in frequency of complaints.

Criteria for Evaluation :

The response obtained after prescription in each individual case was divided into following criteria : **Marked Improvement, Moderate Improvement, Not improved, Left the treatment**

OBSERVATION AND RESULTS

In the present study "Role of homeopathy in warts" a total of 30 cases was studied. Out of which 17 male and rest are female.

Out of 30 cases of warts, 1 case (3.33%) range between the age group of 01-10 year, 7 cases (23.33%) range between the age group of 11-20 year, 10 cases range between the group of 21-30 year, 5 cases (16.66%) range between the group 31-40 year. 3 cases (10%) range between the group 41-50 year. 3 cases (10%) range between the group 51-60, 1 case (3.33%) range between 60-70 year.

Out of 30 cases 2 (6.66%) cases belong to whole body. 9 (30%) cases belong to face region including cheek, nose, chin eyelid, 1 (3.33%) case belong to genital regio, 2 (6.66%) cases belong to foot region, 3 (10%) cases belong to neck region, 1 (3.33%) case belong to back region, 5 (16.66%) cases belong to arm and forearm region 1 (3.33%) case belong to scalp region, 6 (20%) cases belong to hand region including finger and palm surface.

Tuja was used in maximum no of cases i.e. 6 (20%) next remedy, which is frequently used, was Causticum 5 cases (16.66%),

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(Sunday Closed)