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Row 6 Periodic Table

Cs Cesium 55	Ba Barium 56	57-71	Hf Hafnium 72	Ta Tantalum 73	W Tungsten 74	Re Rhenium 75	Os Osmium 76	Ir Iridium 77	Pt Platinum 78	Au Gold 79	Hg Mercury 80	Tl Thallium 81	Pb Lead 82	Bi Bismuth 83	Po Polonium 84	At Astatine 85	Rn Radon 86
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Manage super achievers

Glossy shiny precious metal– A unique girl



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About The Author: Dr Nirav received his MD (Hom) in 2005 from the renowned Dr M L Dhawale Homeopathic Institute and Hospital, Palghar, after training in various department of Homoeopathy. He then started his private practice in Surat and simultaneously joined the college 2005. His personal interest is in Paediatrics with focus on children with genetic, developmental & neurological problems like Cerebral Palsy, Autism, ADHD, etc

ABSTRACT: Acne is a common problem, some mild but few are problematic with pain, bleeding, oozing, itching, induration, hyper pigmentation and scars formation. Some have an accompanying issue with acne-about their look and confidence level.

A young girl, 18 years, studying B.Com, complain of multiple eruptions, small to medium size, on her face since 1 ½ year. Initially it was on forehead then spread to both sides of face. She does not have pain or itching and her eruptions are not suppurating but she was concerned for her looks because of this acne.

PHYSICALS:

- She is lean and thin.
- She craves cold drinks, sour and spicy food.
- Periods- regular with mild Dysmenorrhoea for 2-3 hours > sleep.
- She has deep sleep and very occasional dreams which she hardly remembers.
- She is sensitive to sun and gets headache from exposure.
- Thermally hot.

PAST AND FAMILY HISTORY

A head injury one year ago and since then gets

occasional headache.

Her mother - urticaria and backache; father- piles and brother- coryza 2-3 times in a year.

LIFE SITUATION

She has been studying in a hostel from 8th std. Her hostel is situated in a good area but approximately 450 km away from her home. Initially, for a year she had difficulty adjusting (food and stay) but then she adapted well. After 12th she wanted to come back home as mobiles are not allowed in hostel, but father advised her to finish graduation and she has a good friend circle too, so she stayed. She has 5 friends and she never fights with them but is sensitive and gets hurt if someone scolds her. Her sensitivity was high before 12th std. She weeps easily and whenever she gets angry. She gets angry when her wishes are not fulfilled.

Before 12th std she would get angry for small matters. She gets angry if her friends take her

things and not give them back. She does not like her friends to sit on her bed. She is a good student and Mathematics is her favourite subject. She learns better with self study rather than being taught. She likes to take part in sports, General knowledge and Rangoli competitions. She likes driving and going out with family. She is good at volleyball and took part at state level in *khel mahakumbh*.

She said she is like her father. They have similar choice and is good with people. She describes her mother as a nag for household work. She fears the dark, snakes and lizards; of being scolded. She has anxiety before exams and results.

Her father described the nature of patient as irritable and angry if someone ask her to do some work. She is good at her work and does it fast.

She has a unique characteristic; she said that she wants the thing which other don't have and if others have it then she will not take it. She will buy things which are unique. She feels that if she has a unique thing with her then only she can express her personality. She feels that people will identify her with those unique things which are different. She doesn't feel jealous if others have better things. She wants to become an IPS officer.

ANALYSIS

Considering her mental state of high self esteem and with desire to shine in crowd with a unique possession. *Platinum-met* was selected.

FOLLOW UP

On 31-05-16, her case was defined and was prescribed *Platina 1M* weekly once till 26-08-16; in between she was better and no new acne developed. Old eruption slightly reduced.

On 24-09-16 eruption < and it appears congested with reddish and pinkish hue so repetition was increased to 3 doses weekly once till 24-02-17. Gradually her eruption > in every follow up.

On 17-10-17 she complained of few new acne since 1 month, with pain for 2-3 days and hair fall so dose was reduced from 3 doses to 1 dose weekly by considering this may be the medicinal aggravation. Gradually her all eruption > and face was much clearer.

05-05-18 - no acne and the glow of her face >. Scars have gone..

KEYWORD: Unique, *Platinum-met*, precious metal, acne, impression, hostel girl, vanity, delusions about self. ◆◆◆

